

# **Veterans Time Trials Association National Championships 10 miles**

**Sunday 28th  
April 2019**



Promoted for and on behalf Cycling Time Trials under their rules and Regulations.

# Veterans Time Trials Association

[www.vtta.org.uk](http://www.vtta.org.uk)

## National Championship 10 Miles Time Trial

Sunday 28 April 2019  
Course G10/41

Event Headquarters  
Oakwood Village Hall  
Honeywood Lane  
Okewood Hill Dorking  
Surrey RH5 5PU

Timekeepers  
Mrs Lesley Donington  
Mr Richard Blackmore  
Mr Mick Irons

Brian Jones  
Official Event Photographer

Event Secretary  
**David Pollard**  
2, Harison Road Seaford  
East Sussex BN25 3PN  
[davepollard294@gmail.com](mailto:davepollard294@gmail.com)  
Mobile: 07973 420003

Championship is Promoted  
by Surrey/Sussex Group

# AWARDS

All on Standard

**The Champion : Best on Standard Gold Medal**

Champion's Jersey and Cap  
Ken Matthews Cup (Facsimile)

1st on Standard

Gold Medal plus £75

2nd on Standard

Silver Medal plus £50

3rd on Standard

Bronze Medal plus £40

4th on Standard £35

5th on Standard £30

6th on Standard £25

Club Team of Three on Standard

Gold Medals plus £20 each

Group Team of Three on Standard

Gold Medals plus £20 each

1st Tandem on Standard

Gold Medals

Fastest ride of the day £30

Medals are dummies for the presentation ceremony only  
and must be returned to the organiser.

A formal prize giving will take place at the  
National VTTA AGM on the 25th January 2020.

Awards to current VTTA Members only.

**Riders must** sign on in advance of your start at the headquarters, where you can pick up your number and receive any last minute instructions or warnings.

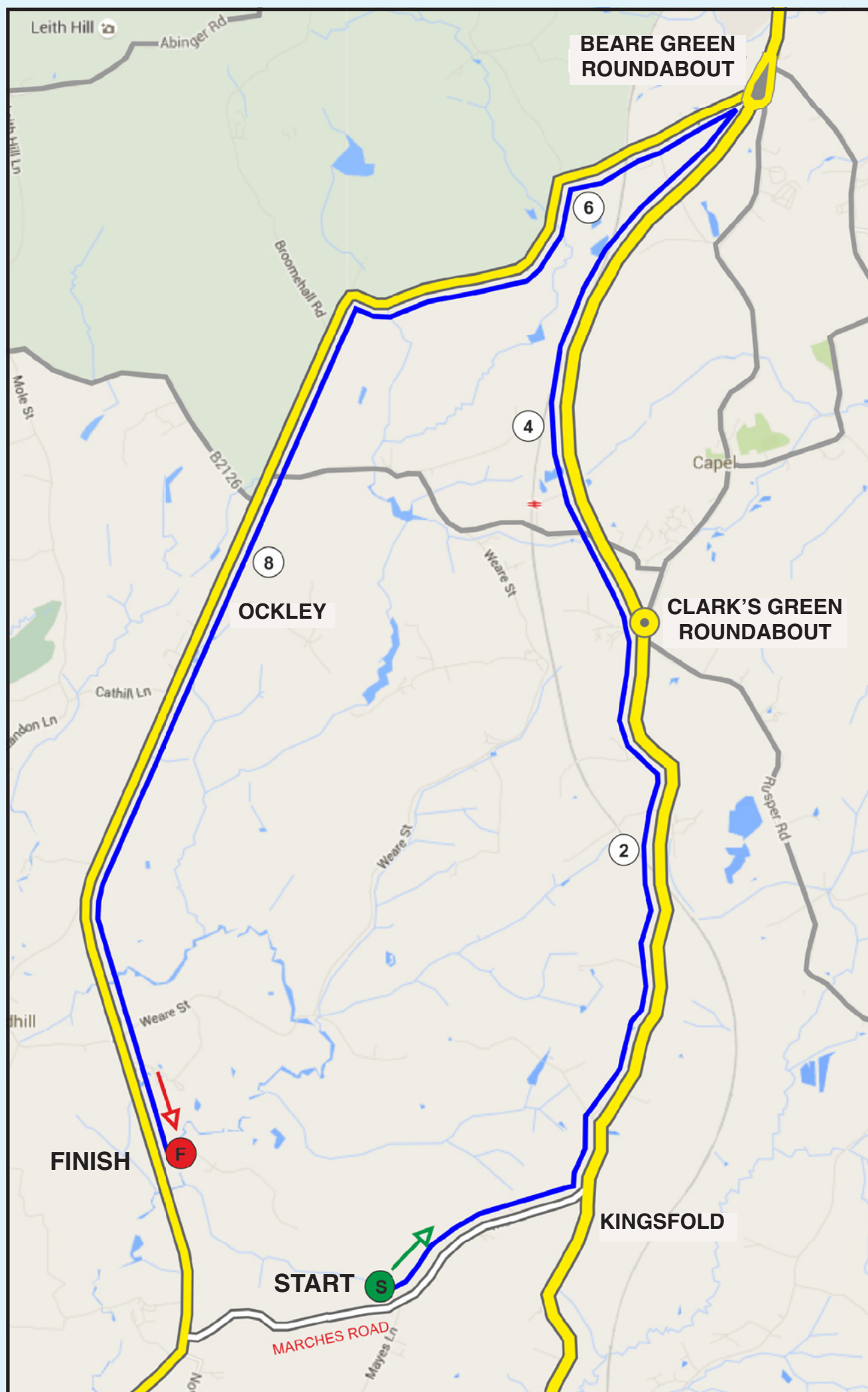
**Riders must** sign the official signing-on sheet when collecting their numbers. It is also necessary to sign off; those not doing so will be recorded as DNF.

Official Observers will be stationed around the course.

- CTT Regulations require the compulsory use of a helmet for the under 18s. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.
- Riders under the age of 18 are required to provide a completed Parental Consent form before being allowed to sign on and compete.
- It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.
- Do not warm up on the course once the event has started, Marches Lane is good for warming up.
- Do not wear plated or dirty shoes inside the Village Hall.
- Keep your head up and enjoy a safe ride.
- It is a London South District Regulation that no vehicles, except those of the Timekeepers and Event Officials, shall be parked in the vicinity of the start and finish areas.



# 2019 NATIONAL TEN MILE TIME TRAIL COURSE MAP



# COURSE DIRECTIONS – G10/4

## Awards for Surrey/Sussex Members

### The Stan Harvey Memorial Cup

awarded to the first current member of the VTTA Surrey/Sussex group on Standard

### The Wilf How Cup

awarded to the team of 3 current members of the VTTA Surrey/Sussex group from the same club who achieve the highest combined plus on standard

OS REF  
(TQ)

MILES

157357	<b>START</b> in Marches Road at eastern end of gate at field entrance, 0.13 miles east of middle of junction with Mayes Lane.	0.00	0.70
168365	Proceed to A24 at Kingsfold.	0.70	0.70
171397	Left and follow A24 to Clark's Green RBT (roundabout).	2.09	2.79
177428	Straight on 2nd exit to Beare Green RBT where left on A29.	2.23	5.02
141373	Through Ockley, and past Weare Street crossroads.	4.87	9.65
143369	To <b>FINISH</b> 0.02 miles (30 yards) south of field gates opposite each other 0.08 miles (130 yards) north of "West Sussex" boundary sign and 0.75 north of western end of Marches Road.	0.35	10.00

### Directions to the HQ from the south:

On the A29 turn left into Ruckmans Lane, then turn left into Okewood Hill and the village hall will be on your left. From the north: On the A29 turn right into Okewood Hill and the village hall will be on your left. There is plenty of parking at the HQ behind the village hall, please do not park on Okewood Hill or surrounding lanes. To ride to the start: Please use Ruckmans Lane. Turn right on to Bognor Road A29 (which is on the course), then turn first left into Marches Lane which is on the course.

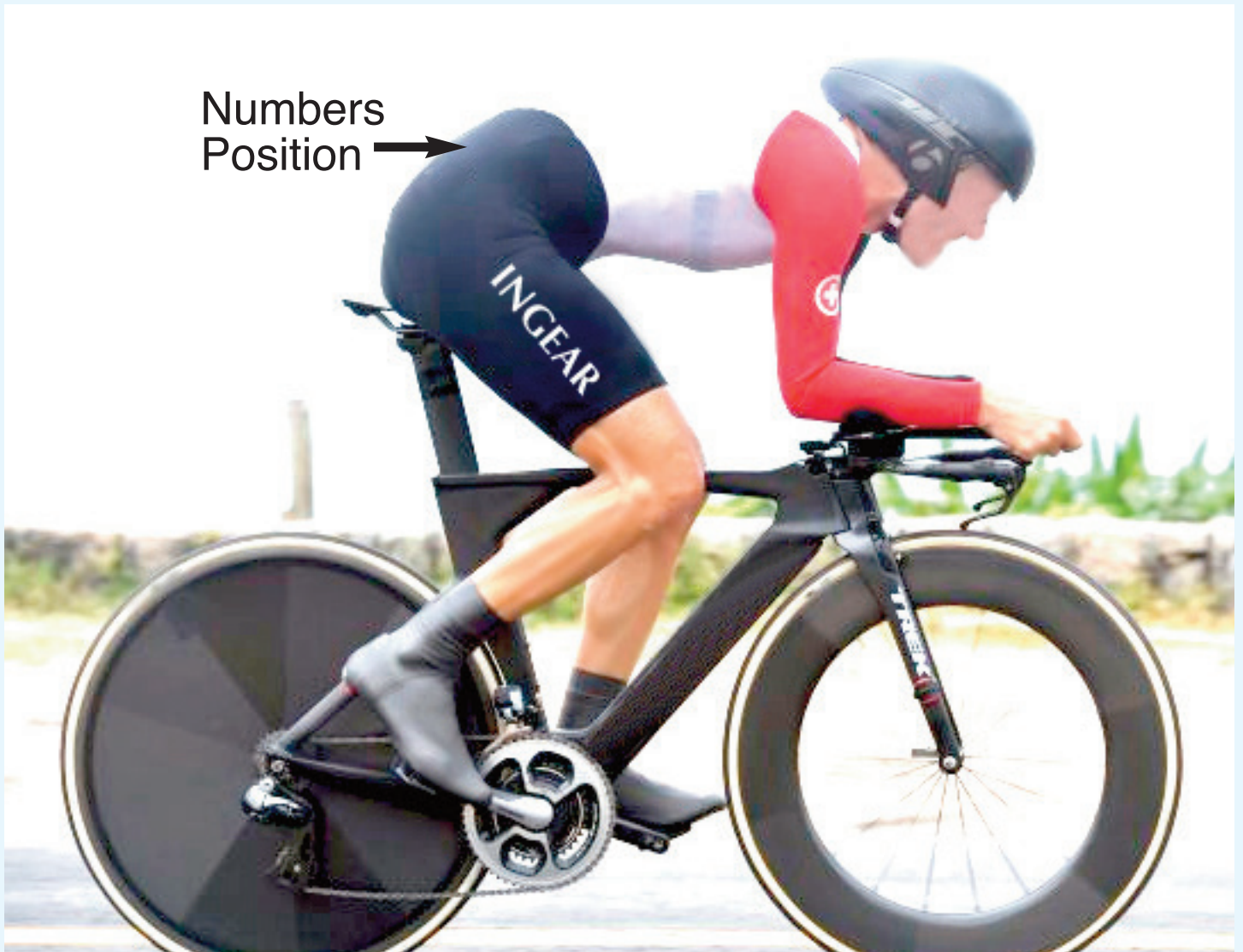
Allow 15 mins to get to the start.

After you finish please turn left into Marches Lane where you can safely U turn, then retrace to the HQ.

Please return your number in exchange for a free tea or coffee.



Numbers must be fixed below waist



If the timekeeper cannot see your number clearly then your time may not be recorded or will be delayed.

No.	Start	First name	Last name	Club	Cat.	Std.	VTTA Group
2	07:02	Ian	Greenstreet	AeroCoach	V55		London & HC
2	(tandem)	Rachael	Elliott	Newbury RC	WV41		London & HC
4	07:04	Robin	Johnson	Brighton Mitre CC	V70	28:58	Surrey/Sussex
5	07:05	Jon	Fairclough	Woking Cycle Club	V65	28:13	Surrey/Sussex
6	07:06	Robert	Royle-Evatt	Addiscombe CC	V51	26:54	Surrey/Sussex
7	07:07	Colin	Gray	Norwood Paragon CC	V57	27:22	-
8	07:08	Andrew	Booty	Lewes Wanderers CC	V51	26:54	-
9	07:09	Danny	Halpin	Bristol CX	V45	26:27	-
10	07:10	Eimear	D'arcy	Woking Cycle Club	WV49	29:01	Surrey/Sussex
11	07:11	Chris	Brewer	Redmon CC	V58	27:28	Surrey/Sussex
12	07:12	Roger	Moon	Coalville Whs	V65	28:13	Notts & E. Mids
13	07:13	Kenneth	Stevens	South Pennine RC	V88	35:04	Notts & E. Mids
14	07:14	Alan	Harvey	Finsbury Park CC	V73	29:32	East Anglia
15	07:15	Gary	Holder	VTTA (Surrey/ Sussex)	V53	27:03	Surrey/Sussex
16	07:16	Barrie	Foster	Anerley BC	V69	28:48	Surrey/Sussex
17	07:17	Abigail	Carter	Loughborough Students CC	WE21	-	-
18	07:18	Alison	Vessey	Didcot Phoenix CC	WV64	30:31	West
19	07:19	Jake	Dukes	Kingfisher Triathletes	S22	-	-
20	07:20	Alan	Robinson	Central Sussex CC	V78	30:45	Surrey/Sussex
21	07:21	John	Allen	Redmon CC	V59	27:33	Surrey/Sussex
22	07:22	Donald	Parker	Brighton Mitre CC	V70	28:58	Surrey/Sussex
23	07:23	Helen	Roby	Spirit Bikes CC	WV52	29:16	London & HC
24	07:24	Barry	Quick	Reading CC	V74	29:45	London & HC
25	07:25	John	McGlashan	Redmon CC	V67	28:30	Kent
26	07:26	Nick	McCormick	Epsom CC	V55	27:12	London & HC
27	07:27	Conor	Boyle	Woking Cycle Club	V46	26:31	Surrey/Sussex
28	07:28	Michael	Gowan	Festival Road Club	V75	29:59	Surrey/Sussex
29	07:29	Paul	Townsley	Worthing Excelsior CC	V70	28:58	Surrey/Sussex
30	07:30	Tom	Cosgrove	VTTA (London & Home C'ties)	V52	26:58	London & HC
31	07:31	Steve	Skinner	Bognor Regis CC	V64	28:06	Wessex
32	07:32	Ralph	Carter	London Dynamo	V58	27:28	London & HC
33	07:33	Andrew	Simpkins	Solihull CC	V65	28:13	Midlands
34	07:34	Ian	Graver	Bec CC	V59	27:33	-
35	07:35	David	Patten	Bognor Regis CC	V67	28:30	Wessex
36	07:36	Glen	Knight	KISS Racing Team (KRT)	V41	26:07	Midlands
37	07:37	Robert	Charles	Blazing Saddles	V53	27:03	Surrey/Sussex
38	07:38	Jason	Davies	Royal Air Force Cycling Assoc.	V47	26:36	East Anglia
39	07:39	David	Butt	CC Weymouth	V64	28:06	Wessex
40	07:40	Jon	Fry	Horsham Cycling	V48	26:40	-
41	07:41	Sarah	Matthews	...a3crg	WV58	29:49	Wessex
42	07:42	Gary	Grayland	CC Bexley	V54	27:07	Kent
43	07:43	Neil	Crowther	Blazing Saddles	V45	26:27	Surrey/Sussex
44	07:44	John	Glaysheer	...a3crg	V41	26:07	Wessex
45	07:45	Colin	Harrison	East Grinstead CC (Merlin Coaching)	V54	27:07	Surrey/Sussex
46	07:46	Tony	Ball	Team Swift	V50	26:49	London & HC
47	07:47	Drew	Hosie	...a3crg	V55	27:12	Wessex
48	07:48	Spencer	Kirkham	Worthing Excelsior CC	V51	26:54	Surrey/Sussex
49	07:49	Chris	Dyason	Cambridge CC	V71	29:09	East Anglia



50	07:50	Steven	Loraine	Team Swift	V62	27:52	Midlands
51	07:51	Angela	Carpenter	...a3crg	WV50	29:06	Wessex
52	07:52	Nolan	Heather	Worthing Excelsior CC	V43	26:17	Surrey/Sussex
53	07:53	Adrian	Blacker	C and N Cycles RT	V55	27:12	Surrey/Sussex
54	07:54	Rob	Vessey	Didcot Phoenix CC	V55	27:12	West
55	07:55	David	Shepherd	...a3crg	V58	27:28	Wessex
56	07:56	Colin	Lizieri	Cambridge CC	V63	27:59	East Anglia
57	07:57	Martin	Jones	Colour Tech RT	V48	26:40	-
58	07:58	Martin	Winter	Twickenham CC	V54	27:07	London & HC
59	07:59	Colin	McDermott	Festival Road Club	V51	26:54	Surrey/Sussex
60	08:00	Andrew	Grant	Cambridge CC	V65	28:13	East Anglia
61	08:01	Mark	Newton	Elite Cycling	V52	26:58	East Anglia
62	08:02	Nik	Allen	Worthing Excelsior CC	V47	26:36	Surrey/Sussex
63	08:03	Stuart	Stow	Twickenham CC	V53	27:03	London & HC
64	08:04	James	Fawcett	Hampshire Road Club	V53	27:03	Wessex
65	08:05	Steve	Dennis	East Grinstead CC (Merlin Coaching)	V55	27:12	Surrey/Sussex
66	08:06	Neil	Mackley	...a3crg	V55	27:12	Wessex
67	08:07	Darren	Yarwood	Vive Le Velo	V44	26:22	Yorkshire
68	08:08	Angus	MacInnes	Royal Air Force Cycling Assoc.	V54	27:07	Surrey/Sussex
69	08:09	Michael	Parker	TMG Horizon Cycling Team	V54	27:07	London & HC
70	08:10	Darren	Maironis	Transition Race Team	V46	26:31	Manchester & NW
71	08:11	Howard	Bayley	Blazing Saddles	V44	26:22	Wessex
72	08:12	Keith	Lea	Paceline RT	V49	26:45	Surrey/Sussex
73	08:13	Keith	Ainsworth	Sheffrec CC	V60	27:39	North Midlands
74	08:14	Christopher	McNamara	Nuun-Sigma Sport-London RT	V44	26:22	-
75	08:15	James	Rix	Team Bottrill	V43	26:17	Surrey/Sussex